

Don't forget the fair is on out at Archer.

And The Cheyenne Heritage Quilt Show starts Aug 17, 3-7; 18 10-6; 19, 10-3. Held at the First United Methodist Church admission \$2.



Cheyenne Heritage Quilters'
Quilt Show
August 17 - 19, 2023
\$2 admission
Thursday, Aug. 17, 3 p.m. - 7 p.m.
Friday, Aug. 18, 10 a.m. - 6 p.m.
Saturday, Aug. 19, 10 a.m. - 3 p.m.
First United Methodist Church
108 E. 18th Street, Cheyenne, Wyoming
Check our online newsletter for up-to-date information at
chquilters.org
Join us to see our Opportunity Quilt, Demonstrations, Boutique & lots of quilts

Friday Demonstration Times	Saturday Demonstration Times
11 a.m. — Using Precuts Sewing Center - Kathy DeRouchey	11 a.m. — Flying Geese Magic Around the Block - Barb Boyer
1 p.m. — Art Quilting with Tea Bags Nison - Esther Perino-Sweeney	1 p.m. — Foundation Piecing Betsy Dempsey
1 p.m. — T-Shirt Quilt Tips Kathie Krompen	1 p.m. — Toothbrush Rugs Chris Vaeber



August 3, 2023

So New Zealand doesn't have iced tea. Or iced mochas. Even Starbucks didn't sell it. I know this only because my traveling companions sought this stuff out. My caffeine fix comes from diet sodas, also something not that popular. We did find one grocery store with iced mochas, and some flavored Lipton iced teas, but even the restaurants didn't serve iced tea.

Now New Zealand does have Dominos Pizza, Taco Bell, KFC, McDonalds and Dunkin' Donuts, which you can't find in Wyoming. And I even found a Montessori House of Chicken, which I thought was interesting. I even pointed it out to Heidi. Then I reread the sign: Montessori House of Children. We were headed to the mall for supper—yeah, they still have malls, very active malls—and I must have been hungry. And that's the joke: Tastes like chicken.....

The joy of traveling to different countries, though, is discovering the local delights. We had fish & chips in a variety of ways, seafood chowders, lamb, fabulous steak, weird fries—or chips as they are called. For example, Funky Chips, which were French Fries doused in a garlic butter sauce. Exquisite. Desserts were great, like that donut I wrote about last week, that I never got to eat. Their cheesecake is a little different, though. It's like a mousse or pudding dished on top of a graham cracker crust. Not what I was expecting.

Breakfasts were basically the same in each of our hotels, even though the hotel chains were different. We had scrambled eggs, bacon—mainly dried cured bacon—beans, potato cakes, stewed tomatoes, various Danishes, and sometimes a wonderful selection of fruit. Our hotels were also excellent, although if we could have had the view from the Rotorua hotel, with the pillows from the Hamilton Hotel and the bathtub from the Auckland hotel, it would have been heaven.

New Zealand is also known for its extreme sports. You can bungee jump, go Zorbing, luge, go extreme rafting, jump off the Auckland Sky Tower—I actually saw something fall from the Tower, which we could see from our hotel. It took me a minute to realize someone hadn't just taken an unfortunate header off a really tall tower; it was a bungee jumper. You fall for about 11 seconds at 53 mph. They let 10 year olds do this.

There are jet boats, extreme biking tours (they call it quad biking tours, which essentially means up & down mountains on 4-wheel drive automatic 4-wheeler bikes, not mountain bikes, which is what I first thought), underground tubing (cave tubing), giant canyon swinging, skydiving, surfing, tree walking through the redwoods, canyoning, skiing, ziplining. In other words, lots of stuff that can get you killed.

The most extreme activity we participated in was riding in a gondola to the top of the Skyline, where from the top you can sky swing, mountain bike down, zipline down or luge down. We took the gondola back down. Our riskiest adventure at the Skyline was ordering the huge hotdog for lunch. Plus ice cream.

Luging, in case you're wondering, is accomplished on an apparatus like a go cart with handles & brakes. Several different paths are available, from extreme to easy. You're essentially sitting up, riding feet first down a twisting path, hoping not to run into anyone and hoping the brakes don't fail.

We also didn't go Zorbing, which was located near the Skyline adventure. Zorbing involves a large plastic ball filled partially with water that you climb into and then roll down the hill. You betcha. You can be harnessed or not, and you can have up to 2 buddies bouncing around inside with you, if you want. Zorbing was established in Rotorua in 1994. Zorbing doesn't usually kill you, but you can get bruises and scrapes. There are reports that at least one child passed out because of a lack of oxygen, but that's a Wikipedia posting, so who knows.

Commercial bungee jumping began in New Zealand, as well, although people had already started throwing themselves off bridges while tied to an elastic rope. If you calculate it right, the cord will stretch until right before you hit the ground, and then spring you back up into the air. Makes you wonder who figured out just how far the rope could stretch without you hitting the ground first.

Our first morning in Rotorua we went on our first tiki tour, or semi-unplanned excursion around Rotorua. Our bus driver Jan displayed her phenomenal skill at driving a bus on a road that I probably wouldn't even take with my Subaru. We got on one path hoping it would lead to the shores of Lake Rotorua. Jan wasn't sure what would be at the end of it and whether we would even be able to turn around. She said she wasn't looking forward to backing out. So Gen-xer Heidi Googled it and told her the road would end in a parking lot. Which it did. Now it's not like Jan didn't have access to all the available maps and routes, computers and probably GPS satellite tracking; it's just that since Covid-19 and New Zealand's severe lock downs, a variety of things and places have changed in the last couple of years. What worked two years ago, doesn't always work today.

We saw a lot of beautiful lakes, with black swans swimming & looking for handouts. We dropped in on a couple of fly fishermen on Lake Tarawera and the clouds parted long enough for us to see Mount Tarawera and its cleavage in the middle of the mountain that was the result of a massive eruption of the volcano in 1886. Did I mention New Zealand sits on approximately 48-60 volcanos, depending on how you count.

We also drove by sheep farms, red deer farms, llama farms, horse farms and tree farms. In New Zealand they plant trees for wood products, like paper and timber, because the trees tend to grow quickly in the moist climate. The trees are planted in straight rows, thinned and pruned until harvested. They also have a redwood forest, from trees brought in from California back in the 1900s. The tallest tree was planted in 1901, it is 246 feet tall and 7 feet in diameter. Some of our choir members from California called it a baby. These redwoods grow faster in New Zealand because of the climate, but the wood tends to be more porous. They don't reach the gigantic sizes found in California.

Rotorua is also known for its thermal pools, some like Yellowstone that are too hot to handle, and some like Thermopolis where you can bask in the various heated spa pools for an afternoon of luxury. One afternoon we went to the Spa Pavilion, where there were 28 geothermal pools of different temperatures, overlooking Lake Rotorua. We popped in and out of 6 or 7 different pools that afternoon. Wonderfully relaxing.

So much so that Brent, one of our guides, reminded us we needed to "sit on a lamb," when we got back to the hotel, because we had the Maori Hangi and Concert that evening. We looked at him, puzzled, as to why we would need to do that. So he repeated himself, but clearly we weren't getting the point. So he asked us what we thought he said, and we said, "Sit on a lamb." He actually was telling us to "set an alarm," because we didn't want to miss the evening activities.

Conversations in New Zealand were often tricky this way. My first encounter with a local, other than our tour guide Vikki, was in Cambridge, and interpreting the sounds took a little effort. Their 'e's and 'i's are higher pitched than ours, and almost spoken at the same frequency. Meaning 'e's and 'i's sound alike. We got used to it after a bit. Well, maybe.

That night, after gondoling and spaing, we went to the Mitai Maori Village to experience an authentic hangi dining and cultural presentation of music and dance. We were greeted by a Maori warrior who instructed us in the traditions of the Maori people. He also taught us a welcoming Waiata (song): The warrior sang a line, and we sang it back to him. He was actually surprised at how well we all did (our choir was on one side of the room and other tourists on the other side). He didn't know we were a choir, good at imitating sounds even if the words get a little muddled. It is through the songs that the Maori culture is passed from one person and one generation to another.

Before dinner we walked through the forest to the river to watch the warriors drive their canoe up the river, symbolizing their migration to New Zealand. I will say the walk through the "forest" in the dark was a little unnerving, mainly because the pathway was not well lit, so you had to be careful where you put your feet. For me, this counted as an extreme activity. But we did get to see glow worms in the rocks, and when you clap or make noise, they wake up and glow brighter. Glow worms are little insects that glow blue/white/green and they live in damp places, like caves, grottoes and forest undergrowth. Very cool. That's why you go cave tubing, to see the glow worms.

From there we were presented with a cultural show, with drums, singing and dance or haka. If you are familiar with the All Blacks rugby team from New Zealand and the ritual they perform before competition, this was a similar energetic display performed to welcome us visitors to the Village. Hakas are performed to welcome guests, acknowledge great achievements, celebrate various occasions including funerals, and to teach traditions. The Māori warriors perform the haka to show how strong and fierce they are when confronting enemies, thus potentially avoiding battle if you are fierce enough.

Following the show, we ate the traditional hangi meal, which is cooked on hot stones for up to 4 hours at the bottom of a pit. We were told not to pass up the stuffing. It's what everyone comes to eat, in addition to fish, lamb, chicken, scalloped potatoes, yams, rice, gravy (its own food group), plus salad and dessert.

While we were in Rotorua, we also visited the Acrodome, which is a sheep farm that specializes in teaching about all the different types of sheep New Zealand raises, showing how sheep are sheared, and showing how dogs are used for herding. Becca would have been right at home. The other attraction? Shopping. That's where I bought my first possum articles: some fingerless mitts and a scarf. I also bought a dog whistle that shepherds use. I first learned how to use one when I was in England. I practiced all the way home on the plane until I could make it work. You can just imagine. But my old one is pretty chewed up, so getting a new one was great.

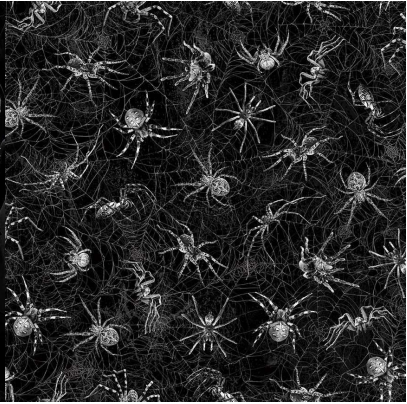
Possum, you say? Ah, that will have to wait for next week, along with the pub crawl.

What's New



From Dashwood Studios





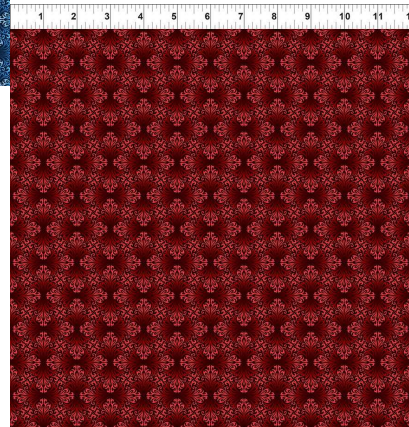
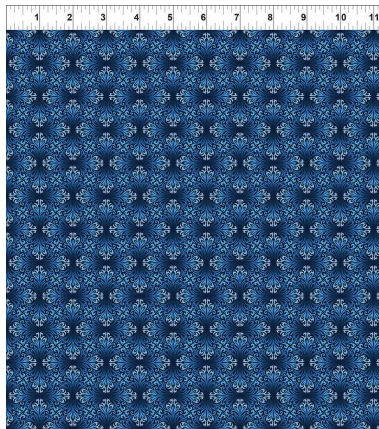
From Timeless Treasures



From Riley Blake. BIG FOOT is here!



From In the Beginning

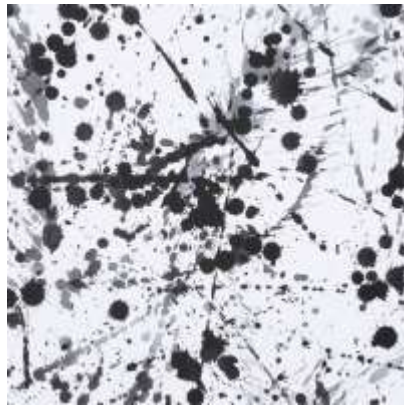




From Dear Stella (NOTE
The Hedgehogs) & Oasis
(the horses)

Plus we got whites in from P
& B. I won't put thumbnails
in, because they will just
look white.





Alexander Henry



From Riley Blake





From Riley Blake



A - And here in the eye,
 Sit around in NAPOLIO.
B eggs made like Buffalo.
 What starts like? NAPOLIO.
C is for Canada, Chalk, Clerk,
 NAPOLIO don't look away from
 work.
D for Dots, an extra DOT,
 Here NAPOLIO made the bow.
E for Easy—york is as
 if you see NAPOLIO.
F for Fun, which they enjoy,
 Who NAPOLIO's all enjoy.
G for Girls—good ones think
 NAPOLIO perfect for them-
 ing the skirt.
H for Home, where all is bright,
 If NAPOLIO 's used right.
I for Kids—please go—
 Never used NAPOLIO!
J for Jolly—just I had as
 if you see NAPOLIO.
K for Kites; all women know
 What starts from NAPOLIO.
L for Ladies, bright as new,
 Made so by NAPOLIO, too.
M for Men that loved the bottle,
 NAPOLIO don't look away from
 work.
N for Queens all around—
 What can't NAPOLIO be
 found?
O for Owl, which all may know
 Who see their wife and
 NAPOLIO.
P for Papa, just the thing
 For cleaning up in Fall and
 Spring.
Q for This—such are they
 Who see NAPOLIO every day.
R for Rings of copper or tin,
 NAPOLIO gives them wisdom
 and wit.
S for Village, you should know
 NAPOLIO's found wherever
 you go.
T for Women; who can know
 How to use NAPOLIO.
U for Uncle, bright as new,
 Made so by NAPOLIO, too.
V for Vase, which all may know
 Who see their wife and
 NAPOLIO.
W for Wife, which all may know
 Who see their wife and
 NAPOLIO.
X for Xmas, bright as new,
 Made so by NAPOLIO, too.
Y for Yarn, which all may know
 Who see their wife and
 NAPOLIO.
Z for Zebra, bright as new,
 Made so by NAPOLIO, too.



Spring Newsletter

Please look on the calendars above for times and dates.

Ongoing Classes & Clubs

Block of the Month First Sat of month 10:30-11:15 FREE Barb Boyer

Join at any time. You get a free fat quarter if you come to class with the previous month's completed block. This year the challenge will be Starry Skies. Challenge #1 is to use at

least 25 different fabrics in the quilt – should be easy. Challenge #2 is to choose backgrounds for the blocks that aren't the typical cream/white neutrals that we generally use. Instead, we will mix it up a bit, using both traditional backgrounds for some blocks, and then choosing "colors" in both light and dark fabrics for other blocks.

Hand Embroidery Club 2nd Sat. of the month, 10-noon FREE Kathy Sconce
If you want to learn to hand embroider or just brush up your technique, join us on the second Saturday of the month from 10 to noon. You can work on your own projects or you can join the project we are doing, which is Garden Belles. Each block features a lady in vintage costume, in the garden, or similar outdoor setting. These are old fashioned ladies in dresses, which offer all sorts of stitchery creativity.

Knit Pickers' Club 2nd and 4th Wed of each month, 2-5 Carol Moler
Come join our Knit Pickers= Club. We knit 2 days a month every second and fourth Wednesday, from 2-5. The Club is open to all skill levels and, despite the name, includes crocheters as well. We want to share what we've learned, find new patterns, and simply just sit and knit. We may work on some felting projects, fingerless mittens, mittens, and socks. We can even help you get started—teach you the basics.

Hand Sewing Club every Tuesday afternoon 2-5
This club is open to everyone. Bring your hand sewing (embroidery, binding, knitting, crochet, etc) and sit & stitch.

August Classes

Rail Fence Sat August 5, 1-5 \$35 Barb Boyer

Rail Fence is an easy quilt to construct. You will design your own pattern, meaning you can choose the size of your strips and how you want to place your blocks: In the chevron style as shown in the sample, or create your own design. Six colors is all you need. And alternate block fabric, if you choose to add other things into your quilt. And borders, of course.

Patches of Life Sat August 26 10:30-4 \$35 Barb Boyer

This is an Eleanor Burns pattern, which uses 48 precut strips (generally one roll plus a few extra strips) and fabric for the half square triangles and the Triangle in a Square blocks, which create the illusion of curves. Class will be all about how to create the 9-patch blocks, the half square triangles, and, of course, the Triangle in a Square block.

CLUBS

HAND EMBROIDERY CLUB FREE!

If you want to learn to hand embroider or just brush up your technique, join us on the second Saturday of the month from 10 to noon. You can work on your own projects or you can join the project we are doing.

Hand Work Club FREE!

Every Tuesday afternoon from 2-5, join us to just sit & hand stitch, crochet, bind, or knit group. Bring what you're working on, sit up at the table in front by the window and work on your projects for a while. You can get advice & suggestions from your fellow quilters and share your experiences about your projects.

Knit Pickers' Club FREE!

This is another get-together class to sit & knit, work on our projects, share information and get some help. We will share techniques, suggest patterns, but mainly we'll sit & knit (or pick).

Block of the Month Club FREE!

First Saturday of the Month, 10:30-11:15. Join at any time. You get a free fat quarter if you come to class with the previous month's completed block.

Toad Toters Club

On full moon days (as noted in the calendar) you will get 20% off all purchases (not otherwise discounted) that you can fit in your bag. You must bring your bag to participate.

Full Moon Days: August 1 and a blue moon on August 30. Watch for something special!

Discount Policy

We will honor only one discount -- whichever is largest. You can't combine a 10% with a 25% discount to get a 35% discount. On this we can't be bribed.

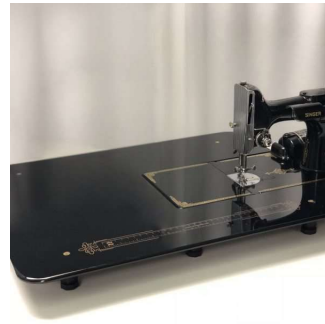
Color of the Month

August: blacks

August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Hand work Club 2-5 Full Moon	2 Long Arm class 10:30	3 Long Arm Rental	4	5 BOM 10:30 Rail Fence, design your own 1-5 <u>\$35</u>
6 CLOSED	7	8 Hand work Club 2-5	9 Knit Pickers' Club 2-5	10 Long Arm Rental Day	11	12 Embroidery Club 10-noon
13 Shop Is now open 1-5!	14	15 Hand work Club 2-5	16 Long Arm class 10:30	17 Long Arm Rental Day	18	19

20	21	22	23	24	25	26
Shop Is now open 1-5!		Hand work Club 2-5	Knit Pickers' Club 2-5	Long Arm Rental Day		Patches of Life 10:30-4 \$35
27	28	29	30	31		
Shop Is now open 1-5!		Hand work Club 2-5	Long Arm class 10:30 Full BLUE moon	Long Arm Rental Day		Color of the month: blacks



Nolting Quilting Machines



Nolting Longarm Machines

Nolting has 5 main machines, each with different reaches: from 17" to 30" depending on the machine. They are sold with or without a frame, but after I saw & helped set up one of the steel frames this week, I recommend buying the frame. All machines, except for the Standard--the most economical machine-- have a stitch regulator. I recommend a stitch regulator. All machines can be equipped with a computer and there are a couple of different ones to choose from. In addition, you can get an extended table base so that you can use rulers, you can get larger bobbins on some of the models and on the frames you can get hydraulic lifts to raise and lower the tables. In the coming weeks, I will print out more information on each model.

The best entry level machine is the Fun Quilter. It comes in 17", 20" & 23" reach. It comes with the Intellistitch Equalizer stitch regulator, standard speed control, needle up/down, and fixed handles in the front & rear. This machine can also be equipped with a computer.

The Pro Machine has the Intellistitch Turbo stitch regulator, single stitch option, standard speed control, needle up/down and customizable handles in the front & rear. The Pro Machine comes in 20", 24" and 30" reach with 10-12" of inside height. There are easy dials on the front to set stitch length and other options. This machine can also be equipped with a computer.

The NV Machine is the newest in the fleet of Nolting machines. This machine has a touch screen with programmable stitch regulation. You can stitch in 4 different stitch modes plus single stitch and needle up/down. It also has an adjustable brightness LED work light. This machine can also be equipped with a computer.

Normal Shop Hours:
Monday-Saturday 10-6
Sunday 1-5

Closed first Sunday of month (and some holidays)

New Hours for Winter Time (starting Nov 7-May 22)

Monday-Saturday 10-5, closed Sundays unless a class is scheduled. Then we're open 1-5. Check the schedule.

Join the fun and come feel the difference of quality fabrics.

Happy quilting!

Sincerely, Barbara Boyer
Around the Block
307-433-9555
www.aroundtheblockquilts.com



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